

CV Ralf Hergenroether

Qualified sports teacher - Cologne Sports University
Osteopath - IAO Belgium
Physiotherapist
Manual therapist
Sports physiotherapist
Alternative practitioner, kinesiologist
Chiropractor - Stockholm, Valencia
Myofascial trigger point needles

Career

Since 2000

Practice owner with my wife Uschi Rehamed Nuremberg with a focus on sports rehabilitation, injury prevention, diagnostics. Sports support

Since 2004

Speaker - CMD, cause-and-effect chains, diagnostics, sports support

1989-1999

Support for top athletes from home and abroad, as well as intensive training and further education
1989

Start of my therapeutic work at the Eden Reha Donaustauf with the long-time physiotherapist of the DFB Klaus Eder

Descending and/or ascending?

The body's reactions to a dysfunction such as f.e. due to misalignment can be as varied as the causes (f.e. trauma, orthodontics). This is particularly true for top athletes. A distinction must be made between the ascending and descending chains. With an ascending chain of rotation, the shoulder girdle, head joints and jaw joints compensate for the malfunctions in the lower part of the body, f.e. in the case of injuries in the foot area or incorrect tension in the abdominal cavity. In the descending chain, the malfunction is manifested in the area of the head and jaw joints as well as in the ENT area.

Ralf Hergenroether

Born in 1964 in Koblenz

Graduate Sports teacher, physiotherapist, osteopath, naturopath, manual therapist, kinesiology, competitive sports coach, chiropractor. kinesiology, competitive sports coach, chiropractor.

With over 30 years of professional experience and since opening his own private practice 18 years ago, Ralf Hergenroether specializes in temporomandibular joint therapies and kinesiology.

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